

Learning for Life

The purpose of this program is to offer youth ages 12 – 18 in our area; (Centre Burlington to Tynecape) learning for life skills. We will offer different activities that would give the youth skills that will help them in their jobs, education choices, day to day lives and just a simple knowledge of things that are relevant as they get older and leave their childhood homes. Not only will this program give them skills to be able to do simple tasks, but it will also help with self esteem issues, feel valued and wanted, teach leadership and create a great merger of community and youth.

We will teach them simple ways to be active members of their community, whether being a volunteer or mentoring others.

I will be looking for business men and women in various fields to teach these youth about a certain profession. Also looking for homemakers, retirees, instructors or anyone else they may possess a certain skill or hobby that they would like to pass on to this generation. We also have some amazing youth in our area that may also want to facilitate a program.

Some of the learning for life skills that I would like to see offered are mentioned on the information sheet.

The survey will basically give me some ideas of what is important to the youth in our area, and what they would like to learn. I am hoping by offering things that will be pertinent in their adult life, we would have more youth engaged in these programs.

I am hopeful that the program will run monthly. So for instance, we would have automobile maintenance every Tuesday evening for a whole month. But we may also have drama every Wednesday of the same month. Then the next month we would offer two or three different programs.

Of course, with any program funding is a necessary component, along with participation. I will be sourcing funding to start this program; however, we may need to ask participants to pay for the programs at a monetary amount. Hopefully by offering programs that the youths have interest in we will be able to fill our programs.

Definitely the success of this program is dependent on many factors: the quality of the program being offered, the interest, the participants, the availability, the leaders, the venues and the cost of the programs. As we are in the early programming stages, any input or ideas are greatly appreciated to help make this program a success.

If you or someone you may know would be interested in being part of this program please ask them to contact me at the Health Centre 902-633-2110 or email at programs@hschc.ca

Learning for life programs

This is a list of some of the ideas for this program. The topics that are mentioned are not necessarily exactly what the program may offer; it is just an idea of what might be offered. Please read these over and fill out the questionnaire on the next page. You may reference this to answer some of the questions on the questionnaire.

- 1) Art and music – learn art and/or an instrument, or singing
- 2) Automobile – learn how to care for a vehicle, general maintenance, etc.
- 3) Business – book keeping, money management, investing, etc.
- 4) Carpentry – building skills, learning about tools, etc.
- 5) Child Care – nursery school, educational assistant, etc.
- 6) Computer skills – internet safety, programming, etc.
- 7) Cooking – cooking/baking classes and basic cooking techniques
- 8) Courses – WHMIS, first aid/CPR, Babysitting course, resume writing,
- 9) Customer service – learn how to talk to customers, dress, listen
- 10) Drama or Acting – improvisation, acting, having fun
- 11) Education – leadership, and how to teach others
- 12) Electrical – basic wiring, risks, how things work
- 13) Environmental issues – concerns, how can we help, what can we do,
- 14) Farming – sustainable resources, dairy, fruit and veggie, meat, fish
- 15) Fire services – being a firefighter, natural resources,
- 16) Health Care – doctors, nurses, dental, mental, CCA, ambulance attendants
- 17) Law enforcement – police officer, lawyer, judges,
- 18) Money management – banking, online banking, credit applications
- 19) Plumbing – basic plumbing, heating, water sources, septic
- 20) Seamstress – sewing, knitting, crochet, quilting
- 21) Recreation – fitness, sports, hiking,
- 22) Volunteering – how to become a volunteer, benefits,

Learning For Life Youth Program Survey

Name _____ Age _____ M/F _____

Community you live in _____ Grade and school _____

1) What do you do in your spare time? After school or weekends? _____

2) What are your interests or hobbies? _____

3) Are you involved in any extracurricular activities, either at school or other places? _____

What are they? _____

4) Are you a volunteer or would like to be a volunteer? _____

Where do you volunteer? _____

5) What are some of the programs that you would be interested in? Name as many as you would like.

6) Are there any that are not on the list that you would be interested in? _____

7) What reasons would you not participate or not want to participate? _____

8) The idea of the program is to offer life learning skills to students on the Hants Shore who are between the ages of 12-18. Do you have any ideas that would help make this program a success? _____

Please remember that all information is confidential, and anything you can say helps me organize this program. I would like to make it about the youth and what their interests are. So any input from you will be very helpful to me in getting this program going in the spring.